

# **Recommended Books and Resources**

**Becoming a Sabbath Community:** A Guide for Churches

# Recommended Books and Resources

## Sabbatical Resources - Books

<https://tdc.navigators.org/wp-content/uploads/2022/07/Books-ONLINE-SABBATICAL.pdf>

Barton, Ruth Haley. Embracing Rhythms of Work and Rest (Transforming Resources) InterVarsity Press.

A Sabbatical Primer for Pastors: How to Initiate and Navigate a Spiritual Renewal Leave  
David C Alves

A Sabbatical Primer for Churches: How to Love and Honor the Pastor God Has Given You.  
Concord, NH: paupackpress, 2014.

Alves, David. A Sabbatical Primer for Pastors: How to Initiate and Navigate a Spiritual Renewal Leave (p. 134). paupackpress. Kindle Edition.

Sabbath Keeping by Lynne M. Baab

Sabbath by Dan B. Allender

The Contemplative Pastor by Eugene H. Petersen

The Ruthless Elimination of Hurry by John Mark Comer

Zeal Without Burnout by Christopher Ash.

Bullock, A. Richard and Richard J. Bruesehoff. Clergy Renewal: The Alban Guide to Sabbatical Planning. Bethesda, MD: An Alban Institute Publication, 2000.

Nouwen, Henri J. M. Sabbatical Journey: The Diary of His Final Year. New York: Crossroad Publishing Company, 2014.

Cordeiro, Wayne. Leading On Empty: Refilling Your Tank and Renewing Your Passion. Minneapolis, MN: Bethany House Publishers, 2009.

## Additional Funding Support – Study

<https://www.westminster.cam.ac.uk/cheshunt>

<https://www.westminster.cam.ac.uk/urc/sabbaticals>

[https://urc.org.uk/images/The\\_work\\_of\\_RCLs.pdf](https://urc.org.uk/images/The_work_of_RCLs.pdf)

## **Sabbatical Resources – YouTube Clips**

The Importance of Regular Sabbatical – The Gospel Coalition

[https://www.youtube.com/watch?v=\\_eYhmn8uaHM](https://www.youtube.com/watch?v=_eYhmn8uaHM)

Why Are Sabbaticals So Important – Spirit Anointed Leadership (Part 1)

<https://www.youtube.com/watch?v=XVriFWBi82U>

Why Are Sabbaticals So Important – Spirit Anointed Leadership (Part 2)

<https://www.youtube.com/watch?v=vyTFYp4yODA>

John Mark Comer Reflects on Sabbatical – Carey Nieuwhof Podcast

<https://www.youtube.com/watch?v=opj5Bi7xEJc>

Transcript of John Mark Comer interview:

[https://careynieuwhof.com/wp-content/uploads/2023/02/CNLP\\_555--With\\_John-Mark-Comer.mp3.pdf](https://careynieuwhof.com/wp-content/uploads/2023/02/CNLP_555--With_John-Mark-Comer.mp3.pdf)

GyMEA Baptist Church Teaching Series ‘Sabbath: Learning to Rest with Jesus’

[www.youtube.com/playlist?list=PLkLOx2L2cr-u000eZdDakd3G3VmfpJPa](http://www.youtube.com/playlist?list=PLkLOx2L2cr-u000eZdDakd3G3VmfpJPa)

## **Sabbatical Resources – Blogs**

Mark Conner Blogs (best read in order from first to last)

<https://www.markconner.com.au/sabbaticals/>

<https://www.markconner.com.au/6-reasons-for-giving-your-pastor-a-regular-sabbatical/>

<https://www.markconner.com.au/my-sabbatical/>

<https://www.markconner.com.au/my-first-day-back-from-sabbatical/>

<https://www.markconner.com.au/reflections-from-my-sabbatical/>

<https://www.markconner.com.au/reflections-from-my-sabbatical-part-2/>

<https://www.markconner.com.au/reflections-from-my-sabbatical-part-3/>

<https://www.markconner.com.au/reflections-from-my-sabbatical-part-4/>

<https://ministrypass.com/pastor-sabbatical/>

### **Sabbatical Resources – Podcast Series**

<https://bibleproject.com/podcast/series/7th-day-rest-sabbath/>

Gymea Baptist Church Teaching Series 'Sabbath: Learning to Rest with Jesus'

[www.gymeabaptist.org.au/podcasts/gbc-sermons/series/sabbath-learning-to-rest-with-jesus](http://www.gymeabaptist.org.au/podcasts/gbc-sermons/series/sabbath-learning-to-rest-with-jesus)

### **Sabbatical Reflections by Rev. David Booman**

<https://adosc.org/sabbatical-greatest-gift-ever-received-a-young-priest-reflects-on-a-well-spent-season/>

### **Sabbatical Guide for Pastors – Soul Shepherding**

<https://www.soulshepherding.org/sabbatical-guide-pastors/>

### **Sabbatical Interview, Resources and Advice - Jay Fowler**

<https://pastorserve.org/making-the-most-of-your-sabbatical-jay-fowler-frontstage-backstage-with-jason-daye/#resource-links>

### **Sabbatical Resources – Interstate Policies**

QLD Baptist Churches Policy and Guidelines

<https://qb.org.au/wp-content/uploads/2022/06/QB-Sabbatical-Guidelines-Apendices-Resources.pdf>